

Menu 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Breadsticks cream cheese and plums	Sultana Scones With Jam or Spread	Crackers with grated cheese and cucumber sticks	Melon slices and toast	English Muffins With spread and pears
Prepare		Children to prepare scones for afternoon children	Children to make carrot cake		Children to prepare the melon balls
Lunch	Vegetable Pilau with raita	Cumin Chicken with potato wedges & salad	Aloo Palak with roti and tangy salad	Chicken with noodles and vegetables	White fish and vegetable crumble (pg 76 Early Years cookbook)
Desert	Bananas with custard	Strawberry and banana yogurt icecream	Carrot cake	Fresh mixed berry salad	Melon Balls
Shopping or Afternoon prepare	Children to make scones for tomorrow Make strawberry and banana yogurt for tomorrow		Spinach	Strawberries Blueberries Raspberries	